

Topics for Journal Reflections

- What was hard or easy this week? (Think about the people you serve, the people you work with, your service activities, or write about an ongoing problem or particular incident.)
- What is getting harder/easier about being an AmeriCorps member?
- What have you accomplished?
- What have you learned?
- What conclusions have you drawn?
- What have you given of yourself to others this week?
- What have others given of themselves to you? What have you learned because of it?
- Describe a particularly difficult situation. How did you deal with it? Were you a leader? How would you approach it differently if it were to happen again?
- How is this experience changing you?