

TOWER BUILDING

MEMBER INSTRUCTIONS

- ❖ Take 1 minute to read these instructions silently.
- ❖ Divide into 3 groups.
- ❖ Your task is to build a free-standing tower using the materials provided. Your tower must stand free of any outside support (i.e., floor, ceiling, wall or team member)
- ❖ The tower must be at least 6 feet tall.
- ❖ The tower must be able to withstand a moderate breeze (as blown by the Program Manager).
- ❖ Choose a team leader, a time-keeper, and a recorder.
- ❖ As a team, plan how to build the tower. Your group has 15 minutes to plan. You may not touch any of the materials during the planning phase.
- ❖ You have 10 minutes build the tower. The bridge must stand free of any outside support.
- ❖ Once complete, all groups will come together to discuss our success.

TOWER BUILDING TRAINER INSTRUCTION

❖ **PURPOSE:**

- Teambuilding through hands-on problem solving
- Successful completion with limited resources
- Meeting time-constraints under pressure
- Following project planning steps through to completion

❖ **MATERIALS NEEDED FOR EACH TEAM:**

- 3 sheets of flip-chart paper
- 4 full-size paper plates (stiff, not flimsy)
- 4 paper cups (12 or 16 oz)
- 3 straws (regular drinking straws)
- 1 roll of masking tape
- 1 pair of scissors

❖ **PROCESS:**

- How the work gets done
- How the work is designed and managed
- How the work is evaluated and monitored

❖ **GENERALIZE:**

- How do people feel about their involvement and contribution to this project?
- Was everyone in your group involved?
- Which of the 3 dimensions (plan, build, debrief) was the most important for your team?
- How does this experience relate to working in a non-profit organization?

❖ **RESULTS:**

- Completion of task
- Achievement of goal