

# Guidance for Working with a Cultural Coach or Guide

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- Seek out someone who has credibility across the community
- Seek out someone who is more bi-cultural or multi-cultural so that he or she can translate and interpret things for you so that you can understand things in your terms
- Share your intentions and hopes with your coach
- Discuss with your coach the kinds of feedback that would be helpful for you to receive
- Make sure that this is a 2-way relationship, and that you are not just taking but giving consideration to your coach's needs
- Commit to regular check-in times so that you are being guided with some regularity
- Receive the feedback you are given with an open mind and open heart
- Work hard not to compromise the integrity of your coach within the community
- Share both successes and problems with your coach in a timely fashion
- Where appropriate, ask your coach to help make introductions for you