

# Use a Book Club to Help VISTAs Understand the Heart of Their Mission (2 of 2)

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*Dustin Speakman, Ohio Benefit Bank (Columbus, OH)*

**Dustin:** A lot of them it is their first exposure to poverty and so having them read about the hidden rules really helps prepare them for dealing with the low income community because a lot of the people, you know, that come into the VISTA program are from solid middle class families and they don't even realize there are hidden rules. So, we think that's a great way to get them started. And then one of our staff people who directs our training program is a certified Bridges Out of Poverty trainer and we incorporate that into our orientation.